

STUDENTS

BOTTOM LINE

Because of Jesus, loneliness is defeated.

TRY THIS

Hebrews 10:23-25 tells us to think of ways to motivate and encourage one another. This week, reach out to a friend or someone who may be lonely in a meaningful way (ex: FaceTime, phone call, snail mail). Invite them to do Anchoring Time with you each day or remind them that you care about them. Be sure to ask them how you can be praying for them during this time.

CHECK THIS OUT

We have Anchoring Time for you to participate in and a worship playlist made specifically for Hillside Students. Go to hillsideonline.com/students to find additional resources for this week!

QUESTION GUIDE

Whether you are with your family, friends, or by yourself, spend some time reflecting on the truth of God's word by answering the questions below.

- 1. How has social distancing yourself from others been so far? What has been positive about it?
- 2. Read John 16:31-33. In what ways do you currently feel far from God or others? How did Jesus know he was *not alone*?
- 3. Read Romans 8:38-39. What does this passage tell us about who God is? Make a list of everything that CANNOT ever separate us from God's love.
- 4. Read Matthew 28:18-20. Jesus told his disciples, "I am with you always." Why do you think that was important? What does this passage mean for us today?
- 5. Read Hebrews 10:23-25. *Think of ways to motivate and encourage* your friends this week. Write them down. How are you going to do that this week?
- 6. Whenever you're feeling lonely, how can you remind yourself that you are never alone? How can you reach out to someone else who may be feeling isolated this week?



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SCRIPTURE

John 16:31-33

Jesus asked, "Do you finally believe? But the time is coming—indeed it's here now—when you will be scattered, each one going his own way, leaving me alone. Yet I am not alone because the Father is with me. I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world."

Romans 8:38-39

And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.

Matthew 28:18-20

Jesus came and told his disciples, "I have been given all authority in heaven and on earth. Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age."

Hebrews 10:23-25

Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep his promise. Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.