



## Discussion and Devotional Guide

### Spinning Out Of Control - Week 5

*This resource can be used to guide your personal anchoring time throughout the week, a small group discussion, or even a one-on-one conversation.*

#### **READ**

**Begin by reading Philippians 3:18-21.**

- As you read, underline or highlight the promises that we have when we are found in and believe in Jesus Christ.
- What has been stressful or spinning out of control in your life this week?
- What questions do you have after reading these verses?

#### **REFLECT**

*Reread Philippians 3:18-21.* Jesus has made a way for us to experience God's love, truth, and new-life through the cross. We also know that there will be a day, once and for all, when He will return and bring everything into permanent control.

- How have we all lived as enemies of the cross and set our eyes on earthly things?
- As citizens of a country, you have rights and privileges. What does it mean for Christ followers to be a citizen of heaven?
- What does it look like and feel like to wait in eager expectation for Jesus to return?
- What is the reality and future for those that do not relinquish control to Jesus?

*Read Matthew 24:43-44.* We are commanded to live in expectation and preparedness for Christ's return. We do that by acknowledging that He will bring everything under His control so that nothing feels like it is spinning out of control.

- What would change in your life if you lived believing that God is in control?
- Where in your life have you been taking control and need to relinquish control this week?
- When we wait in eager expectation, we can't contain or control our excitement and hope. Who are two people in your sphere of influence that you need to share the hope of Jesus' return with this week?
  - Share with them how Jesus has saved and comforted you, even when your life felt like it was spinning out of control.
  - Invite them to join you next week for church or group.

#### **PRAY**

Begin your time of prayer by reading Romans 10:9. Read it slowly. Now, use this verse to guide your prayer. To get you started...

**FOCUS** on how God has saved you, even when life was spinning out of control.

**THANK** Jesus for saving you through his sacrifice on the cross.

**CONFESS** that Jesus is Lord and rest in the peace from God's Spirit.

**ASK** God to give you the opportunity to share the Gospel with someone this week.

**\*Keep going this week by reading these scriptures:**

Revelation 22:20-21

1 John 2:24-25

2 Peter 1:2-9

John 14:1-4

