

This resource can be used to guide your personal anchoring time throughout the week, a small group discussion, or even a one-on-one conversation.

READ

Begin by reading Mark 10:32-45. Consider these things as you read.

- Note the words of Jesus. Note the specific words of James and John.
- What stands out to you in this interaction?

Now read 1 Peter 5:5-6.

- Note the verbs (or the action words) in these verses.
- What action do these verses call "you" to? What action is attributed to God?

REFLECT

- Where is **pride** showing up in your life right now? How is that pride affecting you and those around you? If you are considering these questions for the first time, don't rush through this. Take the time to let yourself become aware of the presence of pride in your life. Ask God to help you see where you have become blind (willfully or unknowingly) to your own pride.
- Based on the scriptures that you just read, how would you define **humility**? What is the goal of humility according to these verses? How can you choose humility in your life right now?

<u>PRAY</u>

- Begin your time of prayer by reading **Ephesians 4:2-6**. Try reading it slowly, three times through. After each reading, pause for a few seconds, think about the words that stood out to you, then read it again.
- Use this scripture from Ephesians to guide your prayer. Here are some things to get you started.

FOCUS on the call to love and unity.

THANK God for who He is, Father of all, who is over all, through all, and in all.

CONFESS the ways you have not been gentle, or patient, or loving.

ASK God to help you desire humility and help you hunger to be near Christ.

*Keep going this week by reading these scriptures:



James 4:6-12 Micah 6:8 Proverbs 15:31-33 Romans 12:9-21