WEEK OF
February 21, 2021

Super Fan: Cheer Each Other On

PARENT GUIDE
Elementary

FIRST, WATCH THIS WEEK'S VIDEO AT:
hillsideonline.com/kids

Use this guide to help your family learn how God wants us to be kind to everyone.

Kindness: Showing others they are valuable by how you treat them

Memory Verse

You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient. Colossians 3:12, NIrV

Bible Story

Go the Extra Mile
Matthew 5:41

Bottom Line

Be kinder than you have to be.

Activity

The Extra Mile

WHAT YOU NEED:

Painter's or masking tape, or items you can use as placeholders

WHAT YOU DO:

Using the tape, mark five places on the floor to create a large circle. Place them as far apart as the room allows (like a baseball diamond with an extra "base").

Tell your child that you're going to name a task or chore, and it's their job to think of a way to take it the "extra mile." When they think of a way to go the extra mile, they run to the next marker on the floor and shout it out. Call out the next task; let your child go to the next marker and shout out a way to go the extra mile for THAT task. Repeat until they're back at the original marker.

For example: "I have to load the dishwasher after dinner." To go the extra mile, your child would run to the next marker on the floor and shout out, "I could empty the dishes when they're finished washing!"

Tasks *(use this list and/or come up with some that are more relevant to your family)*:

- I have to make my bed.
  (I can make my sister's bed, too.)
- I have to do my homework.
  (I can do it without complaining. I can thank whoever helps me.)
- I have to brush my teeth.
  (I can do it without being asked.)
- I have to sweep the floors.
  (I can vacuum the carpet, too.)
- I have to play with my younger sibling.
  (I can make sure to play his favorite game.)

Talk About the Bible Story

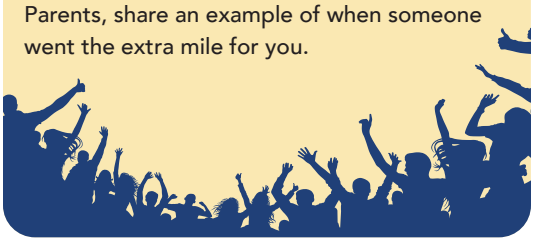
What does it mean to "go the extra mile"? *(to do more than you have to do)*

Why is going the extra mile a great way to show kindness? *(It shows people that we value them.)*

When has someone gone the extra mile for you? How did it feel?

What can you do this week to go the extra mile? Think about homework, school work, friendships, chores at home, relationships with family, sports practice, instrument practice, etc.

Parents, share an example of when someone went the extra mile for you.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for this important truth Jesus taught about kindness. We know You were kinder to us than You had to be when You sent us Jesus...and that makes us want to do the same for others. Please help us think of ways we can do an unexpected, extra-kind thing for someone else. We love You. In Jesus' name we pray, amen."