



Study Questions: Week 2

“If it Feels Right, It Can’t be Wrong”

Opener: We live in a world of claims that people assume must be true. And yet, when you do a little research, you realize the claims aren’t 100% correct. Here’s an example:

Who doesn’t love the post-Thanksgiving nap? After all, turkey contains tryptophan — an amino acid that is a component of some of the brain chemicals that help you relax. But plenty of foods contain tryptophan. Cheddar cheese has even more than turkey, yet cheddar is never pointed out as a sleep-inducing food. Experts say that instead, the carbs and overall size of the turkey-day feast are the cause of those delicious holiday siestas.

What are some claims that you can think of that are more myth than truth?

1. The counterfeit claim for this week is, “If it feels right, it can’t be wrong.” List some examples where society believes this to be true.
2. Read Jeremiah 17:9 and Matthew 15:17-18 aloud. Why are our hearts considered so untrustworthy?
3. Our heart reflects our feelings, and people and circumstances easily influence our feelings. They are changed by words, actions, and tones. Share about a time when you relied solely on your feelings only to be disappointed later.
4. Read Matthew 15:11-20. The mouth speaks what the heart stores. Explain what this means and why it is so important to understand.
5. Read Romans 10:8-10. What’s the most incredible thing that our heart can do when it’s stored with the Word of God?
6. In 1 Samuel 10:1-9, God chose Saul to be Israel’s first king. He was nobody special, but God still wanted him and sent the prophet Samuel to anoint him as king. Verse 9 says that God gave Saul a new heart. What did the new heart do for Saul? Have you ever received a new heart from God? Explain your answer.
7. When God gives someone a new heart, they behave differently. They are transformed. How are they changed?
8. When we follow our feelings and not God’s heart, we believe the false claim of *“If it feels right, it can’t be wrong.”* When we follow the Lord and are obedient to His Word, we become confident in knowing that when things *are* right, they *can’t* be wrong. List practical ways to help you discern when things are right. Include scriptures of encouragement and reminders of God’s truth.
9. Close your time praying for one another. Suggest each person prays for the person on his/her right throughout the week until your next meeting.