

First, watch the video at:
www.hillsideonline.com/kids

Then, have fun with the
activity below!



MEMORY VERSE

"I am
(*point thumbs to chest*)

fearfully
(*right arm muscle*)

and wonderfully
(*left arm muscle*)

made."
(*clap hands together*)

Psalms 139:14
(*hold hands open like
a book*)

ACTIVITY: FREEZE DANCE

WHAT YOU NEED:

Go to www.hillsideonline.com/kids and find "Wonderfully Made" on the Early Childhood playlist.

WHAT YOU DO:

DURING THE ACTIVITY: Turn the music on and ask the children to dance. After about 30 seconds, turn off the music and ask the children to stand very still or FREEZE. Ask the children to say the bottom line (God Made Me) when they FREEZE. Replay the music and ask the children to dance again. Repeat the activity several times in 30 second increments.

WHAT YOU SAY:

BEFORE THE ACTIVITY: "Let's sing and dance together, because we are wonderfully made!"

DURING THE ACTIVITY: "I'm going to play a very special song. When you hear the music, dance. When the music stops, everyone FREEZE! (Demonstrate.) Are you ready?" (Do activity.)

AFTER THE ACTIVITY: "Whew! That was so much fun! God made you, and that makes you SO very special. Tell me, who made you? God made me!"

PRAYER

"Dear God, thank You for making (name of child/children) in your image. Thank You for making them smart, creative, and helpful! You made such an amazing world for us, and there is so much we want to learn! Learning and thinking about new things is so fun! We love You, God. In Jesus' name, amen."