

First, watch this week's video at:

[hillsideonline.com/kids](https://hillsideonline.com/kids)

Use this guide to help your family learn how God's Spirit can help us "make waves."

## Activity

### Finding Joy

#### What You Need:

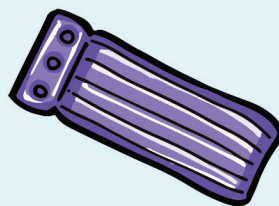
White paper, toothpick (or penny), marker, dark crayon

#### What You Do:

Write the word "JOY" in large letters on the plain white paper, using a marker. Ask your child to color over the word "JOY," completely covering it with crayon.

As your kid colors, talk about the word "JOY" (finding a way to be happy, even when things don't go your way) and what that means. Once the word "JOY" is covered with the crayon, show your child how to gently use the toothpick (or penny) to start scratching designs on the paper. Point out how the "joy" is still there, underneath the surface.

Say, "Even though the dark covered the joy, the joy was still there, wasn't it? It's the same with our hearts. We can choose to find joy even when our hearts feel heavy and sad."



## Talk About the Bible Story

In today's story, how did Peter and the other apostles choose joy? *(They told people about Jesus, even though the religious leaders tried to stop them.)*

When can it be hard for us to choose joy?

How is joy different from happiness? *(Happiness is a feeling we get when something happens that we like. Joy is something we always have that we can choose, even in the darkest and scariest moments, because of Jesus.)*

How can you show your joy to others this week?

*Parent: Share a kid-appropriate story of a time you were able to choose joy even in difficult circumstances.*

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, You have done so much for us. We have so many reasons to be joyful, no matter what's going on. We pray that the Holy Spirit would fill us with Your joy so that everyone can see how thankful we are for all that You've done. We love you! Amen."

Make Waves:  
What you do today can change the world around you

### Memory Verse

"The fruit the Holy Spirit produces is love, joy and peace. It is being patient, kind and good. It is being faithful and gentle and having control of oneself."

Galatians 5:22-23a,  
NIV

### Bible Story

The Apostles Are Treated Badly

Acts 5:17-42

### Bottom Line

Choose joy no matter what's going on.