

First, watch the video at:
www.hillsideonline.com/kids

Then, have fun with the activity below!

ACTIVITY: YOU DO THE HOKEY POKEY!

WHAT YOU DO:

During the Activity: Lead your family to spread out and sing and do the motions to "The Hokey Pokey."

WHAT YOU SAY:

During the Activity: "We are going to sing a really fun song called 'The Hokey Pokey'! Let's sing it and do the motions.

"You put your right arm in. (Put your right arm out in front of you.)

You put your right arm out. (Pull your right arm back to you.)

You put your right arm in. (Put your right arm out in front of you.)

And you shake it all about. (Shake your right arm in front of you.)

You do the Hokey Pokey, and you turn yourself around. (Turn in a circle.)

That's what it's all about." (Clap your hands together.)

(Repeat with the following body parts: left arm, right leg, left leg, head, and whole self.)

After the Activity: "Whew, that was FUN! Do you remember when we sang about putting your arms in? Our Bible story today was about a man named Moses who had to keep his arms up high. What happened to Moses' arms? (Pause.) Yes, they got tired. Who helped Moses hold his arms up high? (Pause.) Right again! Moses' brother, Aaron, helped him. I'm sure Moses was very thankful to have family to help him.

It's nice when family helps us. It's also nice when we help our family. And we can thank God for family who help us, because God is good. Who is good? God is good!"

MEMORY VERSE:

"Give thanks
(clap on each word)

to the Lord
(point up)

for He is good."
(two thumbs up)

Psalm 107:1
(open hands like a book)

PRAYER

"Dear God, you are so good! Thank you so much for giving us family. It is such a special gift! We are so thankful for the way you use family to help us. Please teach us all how to help and love each other like Jesus does. We love You, God. In Jesus' name, amen."

RECAP ACTIVITY PAGE

Draw family helping one another.

Moses's brother Aaron helped him hold his arms up when they got tired.

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