

## WEEKLY DISCUSSION

### Reconnect & Recap

- What are you thankful for this week?
- What has been a challenge (or stress) for you this week?
- Based on last week's group, how did things go for everyone?

### Read & Retell the Bible Story

- Read the entire passage.
- Ask someone to retell the passage in their own words. There's no pressure to memorize or capture everything the passage says. The retelling should be as if you were explaining the passage to a younger kid.

### Read & Look Again to Discover What God Is Saying (S.P.E.C.K.)

Based on this passage...

- **SIN TO AVOID:** What are the sins in our life to avoid or get rid of in order to live the fulfilling life God has designed us for?
- **PROMISE TO CLAIM:** What promises or blessings does God give, because He is a good, gracious, and loving Father?
- **EXAMPLE TO FOLLOW:** Is there an example, illustration, or model to follow (or not follow) in this passage? Why (or why not)?
- **COMMAND TO OBEY:** Throughout history, God has guided His people through instruction, commands, and teachings so we can enjoy the eternally significant and meaningful life He desires for us. Is there instruction He gives in this passage?
- **KNOWLEDGE ABOUT GOD:** What understanding or wisdom do we learn about God through this passage? Sometimes this may be hard to discern, if that is the case, simply ask God to help reveal Himself to you (see 1 Corinthians 2 for more on the wisdom of God as revealed through the Spirit).

### Doing What God Is Saying

- According to this passage, what are you doing well?
- If this passage is true, what do you need to change in your life?

### Sharing What God Is Saying

- Have you noticed someone with an emotional, physical, or spiritual need this week? How could we help?
- Who needs to hear this story? How could you tell them?

## WEEKLY PASSAGES

Fresh | Week 1 | 1 Timothy 1:12-16

Fresh | Week 2 | Matthew 5:13-16

The **Discovery Bible Study** method is a simple set of repeatable questions to help you and a few others look at a passage of the Bible and hear from God. No matter your experience level with the Bible, working through these questions with others can help you discover, do, and share what God is telling you right now.

### BIBLE STUDY TIPS

- Don't over complicate the process. Try to stick to the questions as you understand them.
- Focus on the words of this passage. Don't refer to other passages or things you read elsewhere. Focus on what the group is seeing.
- Everyone shares in sentences, not paragraphs.
- Give people time to respond. Silence is okay.
- The facilitator should facilitate discussion, not teach.

### FACILITATOR GUIDELINES

- Prepare beforehand. Read the story on your own and spend time in prayer, asking God to help your family hear what He has to say.
- Remember: It is okay to not have the "right" answers to every question.
- Lead the way for others - model vulnerability and authenticity.
- Keep the session on schedule and complete all sections, though not necessarily all questions.
- Respond to questions by asking group "What in the passage helps us answer that question?"
- Respond to distracting comments by asking, "Where is that found in this passage?"
- Respond to "strange" answers by asking, "Help us understand what you are thinking."
- Try to have everyone in your group tell the story in their own words.
- Help others apply the passage in their life with "I will" statements.
- Be on the lookout for others you could encourage to go be on mission and start their own group!

