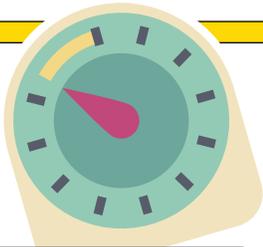


Bake Off: It's Worth The Wait



Use this guide to help your family learn how God can help us to be patient.

First, watch this week's video at:

hillsideonline.com/kids

Talk about:

What can you think about when it is hard to wait?

Patience: Waiting until later for what you want now.

Memory Verse

Wait for the Lord.
Be strong and don't lose hope.
Wait for the Lord.
Psalm 27:14, NIV

Bible Story

Golden Calf
Exodus 32:1-35, NIV

Bottom Line

When you have to wait, remember God is with you.

Activity

Freeze Dance

What You Need:

Two sheets of paper, writing utensil(s) (optional: red and green), music

What You Do:

Write down the word "STOP" on one piece of paper. Write the word "GO" on the other. If your child needs help reading, use red marker or crayon on the "STOP" sign and green on the "GO" sign to help them out. (Have a fun, upbeat song ready to play.)

Say, "We're going to play Freeze Dance. I'll hold up the 'GO' sign. When I do that, show me your best, silliest, wildest dance. Then, when I hold up the 'STOP' sign, freeze in whatever position you're in. You have to hold that position and wait until I hold up the 'GO' sign. Then, start dancing again! Ready?"

Play the music. Alternate between the 'GO' and 'STOP' signs for the duration of the song. Challenge your child to wait as long as they can in their frozen pose. If they do lose their pose, laugh with them and encourage them to start dancing again!

After the game, ask your child, "When you were frozen and waiting for the 'GO' sign, what were you thinking about?"

Talk About the Bible Story

Do you remember what the Israelites did when they were waiting on Moses? (They whined and complained.)

What should the Israelites have been thinking about instead of complaining while they were waiting? (They should have remembered that God had promised to give them a new land; they should have trusted Moses to come back and lead them.)

When have you acted like the Israelites when you were waiting on something?

What are some things you believe, without a doubt, to be true about God?

Parents, share a time where you had to remember what was true while you waited.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, it's so good to know that we can trust in You and talk to You whenever we want to. When we start feeling impatient, please help us to turn our attitude around. Help us to remember what is true about You. Please give us what we need to follow You in the things we say and do. Amen."