



Million Dollar Questions - Jesus asked them. How will you answer them?

Do You Want To Get Well? - Week 8

This resource can be used to guide your personal anchoring time throughout the week, a small group discussion, or even a one-on-one conversation.

READ

Begin by reading John 5:1-9.

- As you read, highlight the question Jesus asks and how the man responds.
- Do you like change? Are there areas where you like change in your life and others where you don't?
- What questions do you have after reading these verses?

REFLECT

Million Dollar Questions deserve a million dollars' worth of thought and reflection. When Jesus asks, "Do you want to get well?" you might be quick to say, "Of course!" But do you really? At times, we avoid acknowledging our sin, resist change, or are reluctant to take action. The challenge for us is to act like the sick man in John. Despite being powerless to get well by ourselves, Jesus is right there, ready to help you and heal you of your sin.

- *Read John 5:1-9.* What does it look like to acknowledge your sinful condition? How does acknowledging and naming your sin help you walk towards growth?
- How does resisting change impede spiritual health?
- Where in your faith have you embraced change and experienced freedom and hope from God?
- *Read Isaiah 53:5.* How does knowing that healing comes from Christ encourage you to lean on Him for strength?
- *Read 1 Peter 2:24.* Have you experienced a moment in your life where you wanted to get well? If so, how did God heal you spiritually?
- What is your next step? Do you need to acknowledge and name a sin? Do you need to stop resisting change, "get up," and take action?

PRAY

Begin your time of prayer by reading Psalm 32:5-7. Read it slowly. Now, use this verse to guide your prayer. To get you started...

FOCUS on your need for spiritual healing.

THANK Jesus for sacrificing himself for your sins so that you can experience the love of God.

CONFESS where you have avoided acknowledging sin and have been resistant to change.

ASK God to come alongside you, cleanse you of your sin, and give you the strength to take action.

***Keep going this week by reading these scriptures:**

Psalm 6:2

Matthew 11:28-30

Proverbs 3:7-8

1 John 1:7

