



Discussion and Devotional Guide Spinning Out Of Control - Week 3

This resource can be used to guide your personal anchoring time throughout the week, a small group discussion, or even a one-on-one conversation.

READ

Begin by reading **1 Samuel 10:7-8** and **1 Samuel 15:5-14**.

- As you read, note how God establishes a rhythm and example of putting our faith and hope in him. We are to trust, wait, and obey.
- When life starts to spin out of control, do you struggle with trusting, waiting, or obeying?
- What questions do you have after reading these verses?

REFLECT

CONTROL FREAK Reread *1 Samuel 15:5-12*. When life starts to spin out of control, we often experience moments of doubt, impatience, and fear. These feelings, if left unchecked, can push us into trying to seize control from God.

- What about Saul's reaction gives us a glimpse of human sinfulness?
- Why do you think we try to seize control from God? What does it feel like in the moments leading up to those decisions?
- How does doubt, impatience, and fear drive Saul to take control? Where do you see this in your life?

THE COST OF CONTROL Reread *1 Samuel 15:13-14*.

- When we doubt God and take control of a situation ourselves, there is a cost.
 - In this passage, what are the immediate and future consequences that Saul faces.
 - In your life, where have you experienced a moment when you took control rather than trusting God? What did it cost?
- How does it feel to release control to God rather than taking control?
- According to this passage, what are you doing well? What might you need to change in your life?

PRAY

Begin your time of prayer by reading Proverbs 3:5-8. Read it slowly. Now, use these verses to guide your prayer. To get you started...

FOCUS on moments where you have seen God be faithful in your life.

THANK Jesus for guiding you through moments of fear, doubt, and impatience.

CONFESS where you have leaned on your understanding rather than trusting God.

ASK God to give us His wisdom so that we can trust Him, even when things seem like they are. Spinning over control.

***Keep going this week by reading these scriptures:**

Matthew 6:25

Exodus 14:13-14

James 1:5-8

Hebrews 11:1

