



## **Million Dollar Questions - Jesus asked them. How will you answer them?**

### **What would you give up for your soul? - Week 4**

*This resource can be used to guide your personal anchoring time throughout the week, a small group discussion, or even a one-on-one conversation.*

#### **READ**

**Begin by reading Matthew 16:21-27.**

- As you read, highlight the actions that Jesus states are needed to be his disciple.
- What questions do you have after reading these verses?

#### **REFLECT**

There are many places that one might look for comfort, security, satisfaction, or confidence. It could be the next promotion at work, a relationship, school, a house, or even a car. We can spend so much time in pursuit of temporary happiness. But, when you prioritize your spiritual health, you will realize that your soul and relationship with God is more valuable than anything in this world.

- *Re-Read Matthew 16:21-27.* What are some examples of “human concerns” that may distract you from following God?
- Why do you think we are often concerned with immediate or temporary things?
- Have you ever gave something of this world up or denied yourself of something in order to experience more of God?
  - How did it feel to do that?
  - How did doing so impact your relationship with God?
- How do the promises in Matthew 16:27 encourage you to deny yourself and follow Jesus?
- Read 1 John 2:15-17. How have you seen this passage be true in your own life?
- What do you need to change this week to prioritize your soul’s eternal health over the pursuit of the imagined happiness of this world?

#### **PRAY**

Begin your time of prayer by reading Philippians 3:7-9. Read it slowly. Now, use this verse to guide your prayer. To get you started...

**FOCUS** on the eternal hope and joy you have in Jesus.

**THANK** God for being a source of renewal and rest in your life.

**CONFESS** where you have chased after the temporary things of this world.

**ASK** God to help you deny yourself so that you can experience His satisfaction.

**\*Keep going this week by reading these scriptures:**

James 4:13-17

Galatians 6:7-10

Deuteronomy 6:4-9

Psalms 33:20-22

