

The Safe Place: God is my strength

Joshua 6:1-16, 20

DAY 1

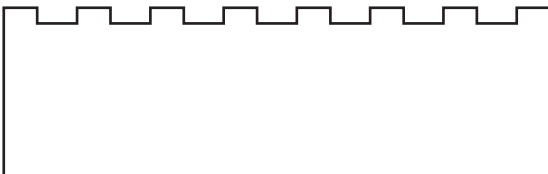
Stronger Than Fear

Read Joshua 5:13-15

Joshua was about to lead God's people into a huge battle. Jericho had tall walls and strong soldiers. Joshua may have felt nervous or unsure. Then he met the commander of the Lord's army. Joshua learned something important. God was already in control. Joshua did not have to face the battle alone.

Sometimes we face battles too. Maybe you feel worried about school, friends, sports, or trying something new. Those problems can seem really big. But God is bigger. He gives strength when we feel weak and courage when we feel afraid. You do not have to pretend you are brave all by yourself. God goes with you wherever you go. He helps you take the next step, even when things feel hard.

GOD IS STRONGER!



Write or draw one fear the wall. Then say, "God is stronger!"

DAY 2

Quiet Time Challenge

Read Joshua 6:1-5

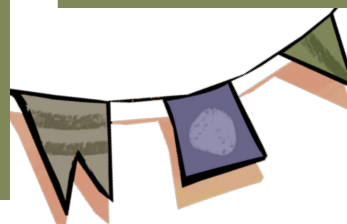
God gave Joshua unusual instructions for the battle. The people were supposed to march around the city instead of attacking right away. Joshua and the Israelites had to trust God's plan, even when it did not make sense yet.

Sometimes God asks us to trust Him one step at a time too. Maybe you have prayed for something, but nothing seems to change right away. Maybe you feel nervous about a problem that seems too big. It can be hard to wait and trust God when we cannot see the answer yet. But God sees the whole picture. He knows what is ahead. He is stronger than every fear, problem, and challenge we face. When we trust God, we can keep moving forward even when we do not understand everything.

Activity:

Build a wall using plastic cups or blocks. Then knock it down and shout, "God is stronger!"

Even when life feels confusing, God knows exactly what He is doing.



DAY 3

God Fights for You

Read Exodus 14:13-14

Have you ever felt like giving up because something felt too hard? Maybe schoolwork feels frustrating. Maybe someone has hurt your feelings. Maybe you are worried about fitting in or making mistakes. Those struggles can feel like giant walls standing in front of you.

God reminded His people many times not to be afraid because He was with them. God did not expect them to fight every battle alone. He wanted them to trust Him and remember His power. God still helps His children today. He gives wisdom, strength, peace, and courage when we ask Him for help. Sometimes He changes our situation. Sometimes He changes our hearts so we can keep going. Either way, He never leaves us alone.

Reflection:

What is one battle you need God's help with today? _____

DAY 4

Safe With God

Read Psalm 46:1

Psalm 46:1 says that God is our place of safety and strength. That means when life feels overwhelming, we can run to Him. God does not disappear when things get hard. He stays close and helps us.

Think about the people marching around Jericho day after day. The walls still stood there. Nothing seemed to change right away. But God was still working, even when they could not see it yet.

Sometimes we feel stuck waiting for things to get better too. Maybe you are dealing with friendship problems, sibling struggles, or fear about something ahead. God sees every part of it and promises to help you.

Safe Place Fort: Grab blankets, pillows, or chairs and build a small fort with your family or friends. Sit inside and talk about times when God helped you feel safe, strong, or brave.

Prayer:

"Dear God, thank You for being my safe place. Help me trust You when I feel afraid or worried. Give me courage to follow You and remember that You are stronger than every problem I face. In Jesus' name, Amen."

**God is strong,
so I can be brave.**

