



## Discussion and Devotional Guide

### Spinning Out Of Control - Week 2

*This resource can be used to guide your personal anchoring time throughout the week, a small group discussion, or even a one-on-one conversation.*

#### **READ**

Begin by reading **Genesis 2:15-17**.

- As you read, note how God gave Adam a calling, a freedom, and a restriction.
- Reflect on moments when you realized that God had given you a calling. What was the calling? Were there restrictions? How did you respond?
- What questions do you have after reading these verses?

#### **REFLECT**

**WHY DO WE WANT CONTROL?** *Read Genesis 3:1-7. We want control of situations because we see control and we desire it. We think our ways and thoughts are higher than God's ways and thoughts.*

- In this passage, the serpent lures Eve into eating the fruit by doing what?
- Did Eve know her boundary? How did she respond to her boundary?
- Often, we see boundaries as barriers to keep us from something that we think we should have or that we're entitled to. When has this happened in your life?
- When we trust our knowledge more than we trust God, we will fail every time. Have you experienced this kind of failure in your life?

**WHO IS IN CONTROL?** *Read Genesis 3:8-13. God is in control, and sometimes He tells you to do things that seem illogical or that make you nervous. Regardless, when God tells you to do something, you should do it. He is control and has made a boundary of protection around you.*

- When we take control, it can lead to damage control? When has this happened to you?
- Our taking control can lead to blame and shame. Why?
- Think of a time you took control of a situation. Did you have tendency to hide from others or even God? Why and how did you feel?
- How does acknowledging that God is in control change how you live and think?

#### **PRAY**

Begin your time of prayer by reading Isaiah 55:8-9 a few times. Use these verses to guide your prayer. To get you started...

**FOCUS** on the knowledge of God's great love for you.

**THANK** God for His grace and forgiveness and direction.

**CONFESS** your desire to seek control instead of allowing God to be and remain in control.

**ASK** God to fill you with understanding, patience, and trust.

**\*Keep going this week by reading these scriptures:**

1 John 2:15-16  
Romans 8:28

Matthew 6:9-13  
2 Timothy 3:16-17

