

# Courage is being brave enough to do what you should do, even when you're afraid.

## DAY 1

### Read Numbers 13:30, NIV

All month we're talking about courage—being brave enough to do what you should do, even when you're afraid. This week, we looked at the time when Moses sent twelve men to spy on the land God had promised them. When they returned, two of twelve were confident they could take the land because God was with them. But the other ten were afraid and unwilling to trust God. Who were the two men who weren't afraid to take the land?

\_\_\_\_\_ and  
 \_\_\_\_\_ (Check out Numbers  
 14:7-9 if you need help.)

These two chose to trust God even when the other men around them were afraid. Because of their fear, they missed out on entering the land God had promised. What happened to Joshua and Caleb because of their courage? Write your answer below:

\_\_\_\_\_ (Check out Numbers 14:30.)

This week, if you find yourself afraid to stand up for the right thing because you're the only one, think about these two brave men. Ask God to help you be brave and show courage even when others are afraid.

## DAY 2

### Read Joshua 1:9b, NIV

Can you imagine waiting for something for forty years? That's what Joshua and Caleb did. And now, it finally was time for Joshua to be strong and courageous.

You can be strong and brave too. When you remember God is with you, it is easier to choose courage even when people around you are afraid.

Here's a verse to learn and repeat when you're afraid.

### First Word Memory

Write out the sentences of the verse as they're listed below.

"Be strong and brave.

Do not be afraid.

Do not lose hope.

I am the LORD your God.

I will be with you everywhere you go."

Repeat the verse aloud several times. Then write the first word of each sentence on separate scrap pieces of paper. Lay the words in a row like this:

BE

DO

DO

I

I

Can you repeat the verse with just those first words in front of you? Repeat it three or four times. Then see if you can say the whole verse from memory.

DAY 3

## Read 2 Timothy 1:7, NIV

When you hear the word “contagious,” what do you think about? You’re probably thinking about stuff like germs and washing your hands. Usually, the word “contagious” is a word we think about negatively. But sometimes, catching something contagious can be a good thing.

Courage can be contagious. Think about it. If you’re afraid of the dark but you see that your older brother is not scared, it can help you have courage too. Or if your best friend walks confidently onto the field at recess to play a game you’ve never played before, it’s easier to join in.

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### Contagious Courage

When you put your faith in Jesus, the Holy Spirit lives in you to help you. The Holy Spirit can give us power when we feel weak and courage when we’re afraid. As followers of Jesus, we can do the right thing even when others around us are afraid. So this week, when you have a choice to make and courage is involved, ask the Holy Spirit to help you be brave. Then watch to see if others around you “catch” your courage too.

DAY 4

## Read Psalm 27:1, NIV

Have you ever been afraid of the dark? In the dark, things look different. Your dresser could look like a big prowling lion. What do you need to help you see what’s really in your room? A light! When you turn on the light, that big bulky dresser doesn’t look scary at all!

God is our light. When we are afraid we can’t do something or we won’t be good enough, God is there with strength and power to help. But we have to turn on the light! We can pray and talk to God. We can read the Bible to remind us of what’s true. And we can surround ourselves with people who love and follow God, like our friends at church.

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### Light It Up

Do you have a nightlight at your house? Write out today’s verse on an index card and tape it above your nightlight or light switch as a reminder to show courage this week.

You can do what you should even when others are afraid.