

STEP ONE: Watch the EC video at [hillsideonline.com/kids](http://hillsideonline.com/kids)

STEP TWO: Repeat the verse  
twice with the motions!

**“How wide**

*(hold arms out wide)*

**and long**

*(hold arms up and down)*

**and high**

*(jump high)*

**and deep**

*(crouch low)*

**is the love**

*(hug yourself)*

**of Christ.”**

*(point up)*

**Ephesians 3:18**

*(open hands like a book)*

STEP THREE: Have fun with the activity "Say it Loud!"

**What you need:**

Paper, crayons/markers, and tape/stapler

**What you do:**

Help your child decorate a piece of paper however they want, then help them roll the paper into a cone shape. Help them staple or tape the cone, so that it creates a megaphone. Encourage your child to walk around the house and shout into the megaphone, "Jesus wants to be my friend forever!"

Say, "In today's story, we learned that Jesus wants everyone, everywhere to know that He loves them and wants to be their friend forever.

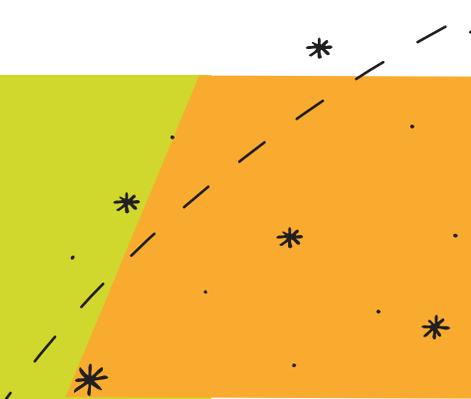
Let's take turns shouting that Jesus wants to be our friend forever! Let's practice telling everyone all about Jesus! (Do activity.)

That was so much fun! Jesus wants us to do an important job and tell everyone all about Him. Who wants to be your friend forever? Jesus wants to be my friend forever."

\* the Bible story for this week is found in Matthew 28:16-20

STEP FOUR: Pray together as a family!

"Dear God, we want everyone, everywhere to know that Jesus loves them and wants to be their friend forever. Please help us go tell everyone about Jesus. We love You, God. In Jesus' name we pray, amen."



STEP FIVE: Encourage your child to draw a picture of a phone!



STEP SIX: Remind your child that we can tell everyone, everywhere that Jesus loves them!