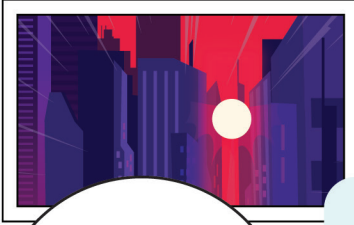


Stand: Don't Face Your Fears Alone



Use this guide to help your family learn how God can give us courage.

First, watch this week's video at:

hillsonline.com/kids

Courage: Being brave enough to do what you should do, even when you're afraid

Memory Verse

"Be strong and brave.
Do not be afraid.
Do not lose hope.
I am the LORD your God. I will be with you everywhere you go."
Joshua 1:9b, NIV

Bible Story

Daniel Is Thrown Into a Den of Lions
Daniel 6

Bottom Line

You can do what you should because God is with you.

Activity

Getting Puzzled

What You Need:

five sheets of paper; marker; scissors; timer

What You Do:

On each sheet of paper, write one of the following letters: B, R, A, V, E. Then, cut up each sheet of paper irregularly (like a puzzle), keeping the pieces in separate piles. Invite your child to a challenge.

Say, "There are five puzzles for you to put together. I'm going to time you to see how long it takes you. Ready? Go!"

Press start on the timer. Cheer on your child as they put together the letters. Once they've got all the letters put together, ask them what word the puzzle spells ("BRAVE").

"That's right. Brave. We can be strong and brave because God is with us. That's something that Daniel did. He believed that God was with him, and he faced those lions with courage."

Talk About the Bible Story

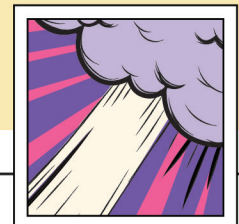
How was Daniel strong and brave? (*He faced the lions in the lions' den.*)

What happened to Daniel in the lions' den? (*The lions' mouths were shut. Daniel was safe because God was with him.*)

Have you ever been in a tough situation and it felt like there was no way out? What happened?

What are some ways you can be strong and brave the next time you're in a similar situation? (*Pray, read the Bible, recite Scripture you've memorized.*)

Parent: Share a personal story about a time when a Bible verse you memorized helped you face a challenge or scary time.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, thank You for never leaving us. Even when times are tough or scary, You are always with us. Thank You for giving us Your Holy Spirit to help us get through each challenge. Please help us show others that they can be brave as they face their fears, too. Use us to be an encouragement to others and remind them that we can do what we should, because You are with us. We love You, and we pray these things in Jesus' name. Amen."