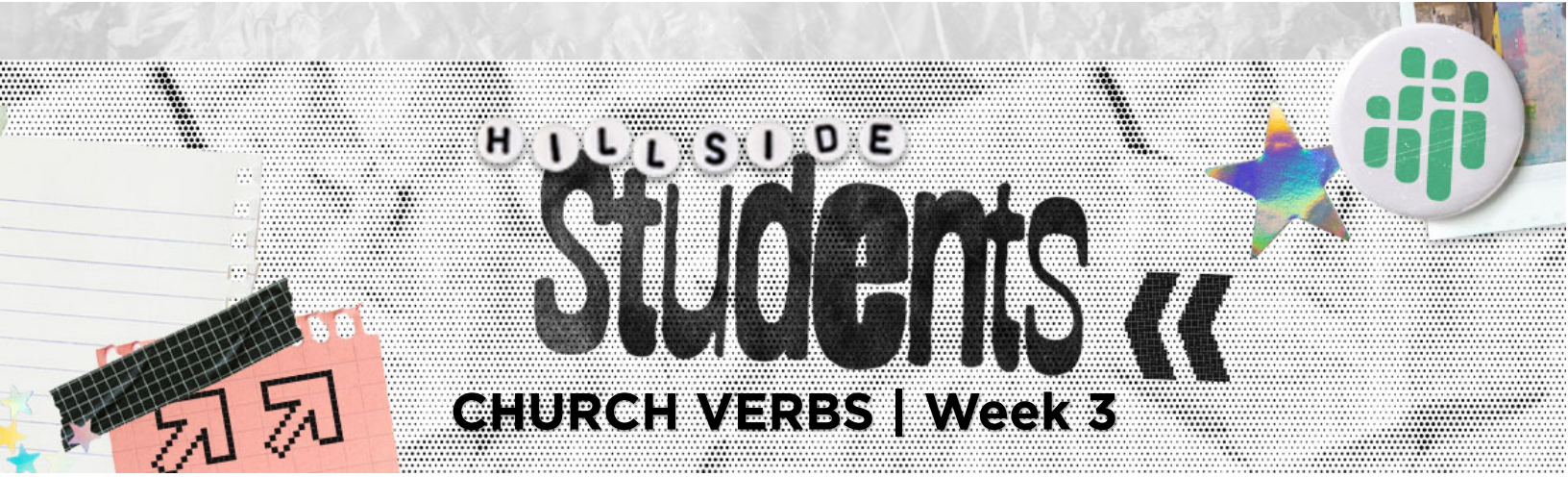


REMINDERS: Take ATTENDANCE! Use the app & let us know who to add/remove!

LEADER TOOLS

GAME: 🎲🥰 PLAY SLO-MO RACE! Students line up at a starting point and must race to a finish line on the other side of the room. However, the goal is to finish last, not first. They must keep moving the entire time—no stopping, freezing, or moving backward. The challenge is to go as ridiculously slow as possible while still technically advancing forward. Encourage students to add dramatic facial expressions and exaggerated movements, like pretending they're walking against strong wind or through thick mud. If anyone stops moving completely, they must restart at the beginning. The last person to cross the finish line (without breaking the rules) is the winner!

TOPIC OVERVIEW: Worship is responding to God's goodness, and before we enter into the how and what of worship, we need to establish the who. Although we might love to sing and worship and we might even love one song in particular - worship is not about us or our preferences. Our worship is for God. Romans 12:1 says our true and proper worship is offering our bodies, our whole lives, as a living sacrifice. So worship is the music we sing and the life we live. It shows up Monday through Saturday: how you treat your family, what you do with your talents, whether Thursday morning in class matches Wednesday night at church. So, whatever you do, work at it with all your heart, as working for the Lord. That means how we approach a group project, a practice, a shift at work, and a sibling all become a way we worship. Because when we show the love of Jesus in everything we do, it is a way we worship God.

DISCUSSION

ICE-BREAKERS:

- What is the best Halloween Costume you've dressed up as?
- What is your favorite worship song right now?

MESSAGE DEBRIEF & BIBLE STUDY:

- How would you define "worship" in your own words?
- Read Psalm 95:1-7. How does music help us to worship?
- How does this scripture help you understand what worship is?
- What are some scriptures that make you think of worship? (ex: the Psalms, Romans 12:1-2, 1 Corinthians 10:31, Colossians 3:23, etc)
- Read Romans 12:1-2. Does worship always involve music for you? What could worship look like outside of only music?
- How does worshiping God fit into your daily rhythm?
- PRACTICE. What is one thing you plan to do to worship God this week?