HILLSIDE Students

TECHNICAL DIFFICULTIES | Week 2

REMINDERS: Take ATTENDANCE! Use the app & let us know who to add/remove!

LEADER TOOLS

GAME: 🎲🥳 PLAY **LOOK UP LOOK DOWN**! Choose a person who will give out directions, then have everyone stand in a circle and begin by looking down. When the leader says "look up", everyone must look up and look straight at another student (it might be straight ahead or sideways and even to the person next to them.) There must be no looking at the ground, above heads etc. If 2 people make eye contact, both people are out and must sit in the middle until everyone is out. The people who are out can help watch for others making eye-contact. When the leader says "look down", everyone must look down again until they are told to "look up".

TOPIC OVERVIEW: A lot of screen habits aren't really about the screen. Scrolling numbs loneliness. Gaming can be an escape. Content promises comfort and delivers guilt or shame. The phone becomes the place we take our hurts instead of taking them to Jesus. So, we need to take big action to find freedom. Jesus himself warns us against half-measures and half-hearted commitment, no one can serve two masters.

But there is hope! To change bad habits, you need to change your thought habits. Transformation starts with a renewed mind by the power of the Spirit, which is exactly why this semester started in God's Word, and Hebrews 12 says the way to throw off what entangles you is to fix your eyes on Jesus. You don't win this by staring harder at the thing you're trying to quit. You win by staring and focusing on Jesus.

DISCUSSION

ICE-BREAKERS:

- What is your favorite color Skittle? How about M&M?
- When does your family put up Christmas decorations?

MESSAGE DEBRIEF & BIBLE STUDY:

- What stood out to you from the video?
- Read John 15:4-5. What does Jesus mean when he tells us "Remain in me"? How do we do that?
- How does remaining in Jesus help us with our "technical difficulties"?
- Read 2 Corinthians 12:9. What does it mean to boast in our weakness? How can admitting our weaknesses actually help us when it comes to our technical difficulties?
- Read Matthew 6:33. What are the things that you want to gain in your life? (Friendships, success, a dream job, a relationship, etc). How could seeking "His kingdom" actually lead you to those things?
- Read Romans 12:2. This week you have the chance not to conform, but to be transformed. What is one thing you want to take away and put into practice this week?